



"creating a village in the city"

Please Contact Us

We are located in the community room at
Kortright Hills Public School
23 Ptarmigan Drive Guelph, ON N1C 1B5
519.993.5264 kortrighthillsng@gmail.com www.khng.ca

Our Boundaries

North – Downey and Niska Rd from Hanlon to Waterfowl Park - North to Stone Road

East – Hanlon Expressway;

West – City Limits;

South West – City Limits to Downey Rd;

South East – Teal Dr. from Downey to Hanlon.

January 2021 issue

Visit us on the Web: www.khng.ca



What Is Your Favourite Family Game?

Jan 11th to 24th, 2021

**** Winners will be randomly chosen Jan 25th
& contacted to arrange contactless delivery ****

**Share with us
Your THREE
Family Favourite
Games....**



**To enter our virtual contest, please click on the link below
and fill out the google form. All entries will be entered into
our FREE draw. Three winners will be randomly picked for a
chance to win 1 of 3 prize packages.**

Click Below to Enter:

<https://forms.gle/MNFbqVXoSuPK12wb7>

Thank you to Toys'R'Us & KHNG for sponsoring this contest.



KHNG VIRTUAL CONTEST MARK YOUR CALENDARS!

**1) WHAT IS YOUR
FAVOURITE
FAMILY GAME?
JAN 11th – 24th/21**

**2) FAMILY DAY
FEB 1st – 19th/21**

**3) HOW MANY
CAN YOU COUNT?
MAR 10th – 24th/21**



Virtual Family Day Contest

"Wanna Build A Snowman"



Feb 1st to 19th, 2021

(Winners will be randomly chosen Feb 20th
and contacted to arrange delivery)

Show us your snowman!
Just follow the 3 easy
steps below to enter.

**1) Build if we have snow or make
an indoor snowman**

2) Take a photo

3) Submit using the link below

<https://forms.gle/Ssz6LHP3GyyVD5XG8>

**Each entry will be entered into our
FREE draw. Three winners will be
randomly picked for a chance
to win 1 of 3 prize packages.**



Thank you to Toys'R'Us & KHNG for sponsoring this contest.
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"creating a village in the city"

Virtual Eggstravaganza March 10th - 24th, 2021

Join us virtually for Eggstravaganza

** 3 Winners will be randomly picked Thurs. Mar 25th to arrange
contactless delivery of prize packages **



Let's Have Some Fun

How Many Jelly Beans Do You See?

Count how many jelly beans you see, fill out the
form below with your number and enter for a
chance to win 1 of 3 prize packages.

Winner will be contacted Thursday
March 25th to arrange contactless delivery.

Enter Using The Below Link:

<https://forms.gle/QCYZ1msreahpT3mL9>





INTRODUCTION TO ANIMATION



**CHARACTER AND ENVIRONMENT
WORKSHOP FOR YOUTH
AGES 13+
TAUGHT BY GARTH LAIDLAW
FEBRUARY 11TH 6PM-9PM AND
FEBRUARY 18TH 6PM-9PM**



To Register Click Here:

<https://www.eventbrite.ca/e/introduction-to-animation-character-and-environment-workshop-for-youth-tickets-132160091391>



ABOUT MARKET SQUARE - (COVID-19 RULES ARE IN PLACE)

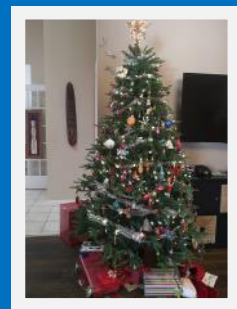
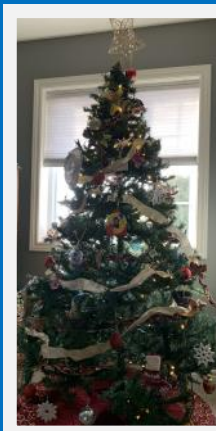
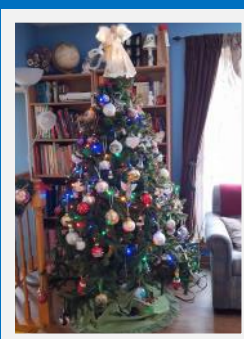
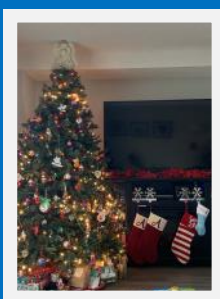
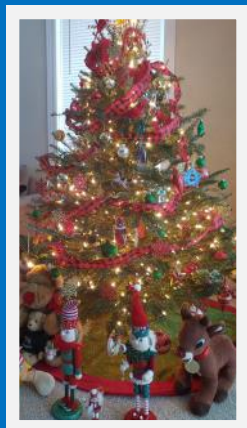
Market Square is located in front of Guelph City Hall, 1 Carden Street Guelph, Ontario. Learn more about the square skating rink at <https://guelph.ca/living/arts-and-culture/market-square-2/> - Stay Safe & Have Fun!

Spring Forward!
Daylight
Savings
Begins



**Sunday March 14/21 @ 2:00 AM
clocks are moved FORWARD 1 hour**

KHNG NEIGHBOURHOOD HOLIDAY DECORATIONS!



**Thank-You For
Participating!**



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Welcome!

Thank You!

Stay Informed:

If you are new to the Neighbourhood, we extend a warm welcome to you and your family! Please consider joining us for our regular monthly meetings to help plan social & recreational events.

A special 'thanks' goes to all of our volunteers and community partners, 26th Guelph Scouting Group, Kortright Hills Public School and the GNSC. Your support for our neighbourhood is greatly appreciated!

To get email updates of our neighbourhood events delivered to your inbox, please send your request to kortrighthillsng@gmail.com. Visit our website, Facebook group or page telling you of upcoming events, programs and workshops.

Winter Programs!



REGISTER TO ATTEND A SCOUTS CANADA PROGRAM NEAR YOU

Programs are STEM based

To join contact Nikki by email:

26thguelph@w.scouter.ca



Beavers	ages 5-7	meet Mon 6:30-7:30
Cubs	ages 8-10	meet Wed. 7:00-8:30
Scouts	ages 11-14	meet Tues 7:00-8:45
Venturers	ages 14-17	meet Tues 7:00-9:00

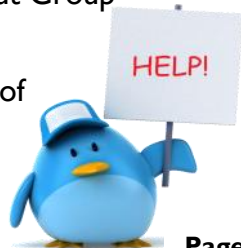
WE WELCOME YOUR PARTICIPATION & NEED YOUR HELP

Can you help us continue to deliver social and recreational programs for our community? In the coming months we are seeking your assistance with:

***** CURRENTLY ALL EVENTS & PROGRAMS HAVE BEEN CANCELED OR VIRTUAL TILL FURTHER NOTICE *****

- * Planning of upcoming events
- * Becoming a leader with 26th Scout Group
- * Volunteering with KHNG

If these or similar opportunities are of interest to you, contact us today at kortrighthillsng@gmail.com
Your help is needed – call or e-mail us today!!



Mark your calendars to participate in KHNG Virtual Fall Contests:

KHNG ANNOUNCES 3 NEW VIRTUAL THEMED CONTESTS BEGINNING January 11th to March 24th, 2021

- 1) What Is Your 3 Favourite Family Games?
 - 2) Wanna Build A Snowman?
 - 3) 2021 Virtual Eggstravaganza -
- ** Find 5 Words within "Easter Basket" ****

KHNG Events & Programs:

ALL KHNG IN PERSON EVENTS HAVE BEEN CANCELLED AND/OR POSTPONED TILL FURTHER NOTICE DUE TO COVID-19

Visit KHNG website for up to date events: www.khng.ca and consider getting involved with YOUR Neighbourhood Group Join us the 3rd Thursday of each month at 7:00 pm in the Community Room for our monthly meetings. (MEETINGS HAVE BEEN CANCELLED TILL FURTHER NOTICE)

Want to Advertise in KHNG Newsletter

KHNG Newsletters January, April, July and October 2021

Sponsorship Suggested Rate Scale:

Full page ad, graphics, logo and border

\$100.00 for Newsletter \$50.00 for Website

Half page ad, graphics, logo and border

\$50.00 for Newsletter \$25.00 for Website

Quarter page ad, graphics, logo and border

\$25.00 for Newsletter \$15 for Website

Business card size, graphic, logo and border

\$15.00 for Newsletter \$10.00 for Website

Small word ad, max 15 words, No graphics, FREE

Newsletter advertising helps fund KHNG events

Advertise in our next newsletter April 2021!!

**** KHNG OFFICE ****

IS CLOSED TILL FURTHER NOTICE TO REACH OUR STAFF PLEASE
EMAIL: kortrighthillsng@gmail.com

Phone Number: 519.993.5264





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Share Community News In The KHNG Newsletter:

KHNG sends an electronic newsletter, four times a year, next issue is January 2021. Want to advertise your business? Want to share your favourite recipe? Write an article of interest? Or are you a student looking to offer your services (i.e. babysitting, shoveling snow, cutting/raking the lawn). Send your information by E-mail to: kortrighthillsng@gmail.com. This is a great way for Kortright Hills Neighbours to come together by sharing thoughts, talents & services with our community neighbours.

Kortright Hills Community News!



FREE Community Food Program!

HELP US START A FREE FOOD PROGRAM

We are planning to offer a free food program for anyone who is in need in the Kortright Hills NG area. We are looking for volunteers to help with the program and we are looking for people who would be in need of food. Click here if you would like to be a volunteer

<https://forms.gle/7Y98ZcRPYooqEGvV8>

Click here if you would like to receive free food

<https://forms.gle/QT5pXwijGMsTRKC38>

Contact Sarah at gnsprograms@gmail.com with any questions



KHNG Pet Corner

Name: Louie
Birthday: July 22, 2020
Breed: Shih-poo
Family: I live with my mommy & daddy.
Favourite Treat: Benny Bully
Where You Will See Me:
I walk all over the neighbourhood Teal & Millson area.



Community Crime Info!

Attention fellow Kortright Hills neighbours!

In mid-November, a thief rummaged through the consul of a car that was accidentally left unlocked (located near Ptarmigan & Niska). Warning, if your car has been rummaged through, please check to ensure your garage door opener is still in your vehicle. The thief may steal it & then have access to your garage for future burglary. For better security, try using a key chain button.



KHNG Distribution List

KHNG Electronic Mailing List

Join KHNG mailing list to receive newsletters/posters of recreational and social events within your neighbourhood. Tell your friends and neighbours, call or email Leone kortrighthillsng@gmail.com to add your email to our electronic list.

Community Rink Volunteers Needed!

Help Build & Maintain A Community Rink!

Help us create a community rink at Mollison Park. A place to skate with your family, play hockey or just have some outdoor fun.

We are looking for volunteers to help build and maintain the rink. This would be mostly evenings and weekends. Please sign up using the link below: <https://forms.gle/EJQThqjXA9ujs5WYy6>

Another way to connect in the community!





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Movie Announcement

If you have Amazon Prime, why don't you watch this film: **"52 Words For Love"** directed by James Blokland fellow Kortright Hill Neighbour

52 Words is now available Free for Amazon Prime members, or you can watch it as part of a free 30 day trial. If Prime is not your thing, **"52 Words for Love"** is also available in Canada on [iTunes](#), on Bell, Rogers, Shaw & Telus Video On Demand & on [Hollywood Suite](#).

Link to watch below: https://www.primevideo.com/detail/0FO7PMRIMMXDBL3R0C4S688D71/ref=atv_un_7ro_c_ByLYGg_brws_2_15?fbclid=IwAR0EYg7ic_dQcBS3MmcwniZRrB7EqiLMdu0QDic_OQ6HKoS_ktnvjHt



Movie Plot: When Alice sets out to post one synonym for love every week for a year, she inadvertently sends a gentle ripple through her social network & discovers more about relationships than she imagined. Combining doc interviews with narrative drama, 52 Words for Love offers a humorous meditation on what it means to grapple with the vagaries of intimacy.



26th Guelph Scouting Group

Attention:

We are looking for volunteers to help run our scouting programs: Beaver Scout, Cub Scout, Scouts, Venturer Scout. If interested please contact Nikki Group Commissioner of the 26th Guelph Scout Group: 26thguelph@w.scouters.ca



Kortright Hills Community News Cont'd!



Community Loss

Don's Bench

In honour of our friend, Don Macaulay, who passed recently, plans are in full force to install a legacy piece in our neighbourhood.



Neighbours, family and friends are coming together to create a lasting legacy for Don, through the purchase of a commemorative bench*, *Don's Bench*, to be installed in Mollison Park (Kortright Hills Public School) in the summer of 2021.

A place where so many great friendships were shared, and memories were made with our dear friend. A place where we all enjoyed many conversations and gatherings over the years as Don walked his beloved Teddy and then Mya.

If you wish to help support this legacy piece, donations can be made by e-transfer to Barb - babz56@bell.net.

Please provide the following details - name, address & phone number with your donation so we can advise Don's family as well as keep you posted as to details for an unveiling of 'Don's Bench' in the Summer 2021

*Surplus funds will be forwarded to the family's charity of choice

Kortright Hills Public School Info



Dates to Remember:

Professional Activity Day:

Friday January 29, 2021

Statutory Holiday:

Monday February 15, 2021

Board Designated Holiday:

Monday March 15th to Friday March 19th, 2021



FYI - January School Spirit Day is PAJAMA DAY 🧸 on the 15th

January
EVENTS

15th School Spirit Day
Pajama Day

Stay safe

Winter Weather Tips:

MONITOR THE WEATHER

- Pay close attention to changing weather conditions
- Listen to weather forecasts early in the day to determine if there is the potential for severe weather in your area
- Check road reports before setting out on a trip



TRAVEL SAFELY

- Give your car a winter tune-up in mid autumn
- Install snow tires early to avoid being caught off guard by a late autumn snowstorm.
- Prepare an emergency kit for your car with items such as a flashlight, warm gel packs, a shovel, new batteries and a blanket

DRIVE CAREFULLY

- Completely clear your car windows and mirrors of snow and ice before driving
- Take it slow: don't accelerate too quickly, avoid sharp turns at high speeds, and brake well in advance of where you want to stop
- Leave lots of space between you and the car driving in front of you
- Beware of black ice
- Test your breaks: if you feel your brakes lock, or your car begin to slide, adjust by slowing down

TAKE PRECAUTIONS

- If you must be outside during inclement weather, dress appropriately - wear a hat, gloves and dress in layers
- Beware of frostbite, which can occur in minutes and watch carefully for symptoms of hypothermia such as shivering, confusion and loss of muscular control



Colour Me



GUELPH POLICE SERVICE



PRIDE SERVICE TRUST



Seasonal Safety Tips

January

Let's start the New Year off right. Please drive for the weather conditions that are present. Slow down and arrive alive.

February

Clean the snow and ice off your windows and mirrors to enable a clear view in every direction while you drive.

March

There will be melting snow and ice around rivers and lakes beginning this month. Please stay clear of the banks of fast moving rivers and ice surfaces on rivers and lakes.

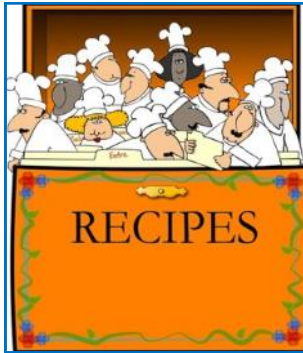
Other tips can be found on the Guelph Police Services website:
<http://www.guelphpolice.com>



Kortright Hills

Recipe

Corner!!



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Fresh Cranberry Spiced Tea

Ingredient

- 1 pound fresh or frozen cranberries
- 3 quarts cold water
- 2 cups orange juice
- 2 ½ cups pineapple juice
- ¼ cup lemon juice
- 2 cups white sugar or to taste
- 1 (3 inch) cinnamon stick
- 1 tsp whole cloves
- ½ tsp whole allspice berries



Instructions:

Place the cranberries and water into a large pot. Bring to a boil and cook just until the berries pop, about 5 minutes. Remove from the heat and let stand at room temperature until cold, several hours.

Strain out the cranberries and stir the orange juice, pineapple juice, lemon juice and sugar into the liquid. Add the cinnamon stick, whole cloves and allspice berries. Bring to a low boil. It is ready to serve at this point, but it is even better if you allow it to sit overnight.

Winter Green Salad



Ingredients:

- 4 collard leaves, trimmed & finely chopped
- ½ bunch kale, trimmed & chopped
- ¼ small head red cabbage, chopped
- ½ Bermuda onion, finely diced
- ½ Florida avocado - peeled, pitted & diced
- ½ carrot, grated
- 7 walnut halves, crushed
- 1 head romaine lettuce, chopped
- 1 Bosc pear, cubed
- ½ orange bell pepper, diced
- 5 cherry tomatoes, halved
- 2 tablespoons raisins, or to taste

Dressing:

- 6 tlbps olive oil
- 1 tlbps wildflower honey
- 1 ½ tsp chili powder
- 1 clove garlic, minced
- ¼ tsp crushed black peppercorns
- 3 tlbps balsamic vinegar
- 1 tlbps oregano, crushed
- 1 tsp Dijon mustard
- ½ tsp salt

Directions: Mix collard greens, kale, romaine, cabbage, pear, onion, orange bell pepper, avocado, carrot, tomatoes, walnuts, and raisins together in a large bowl. Combine olive oil, vinegar, honey, oregano, chili powder, mustard, garlic, salt, and black pepper in a glass jar with a lid. Cover jar with lid and shake vigorously until dressing is well mixed. Pour dressing over salad; toss to coat.

"Cooking is an expression that crosses boundaries"

INGREDIENTS

- 25g/1oz butter
- 1 onion, finely sliced
- 400ml/14fl oz milk, full-fat or semi-skimmed
- 150g/5½oz mature cheddar, coarsely grated
- 200g/7oz frozen broccoli florets
- 12 cherry tomatoes, halved

One-Pan Gnocchi Bake

- 1 tlbps olive oil
- 2 tlbps plain flour
- 1 tsp mustard, Dijon or English
- 500g/1lb 2oz shop-bought gnocchi
- 100g/3½ oz frozen peas
- salt and freshly ground black pepper



METHOD

Preheat the oven to 220C/200C Fan/Gas 7.

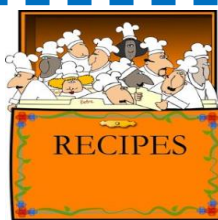
Heat the butter and oil together in a shallow, flameproof casserole over a low heat. Add the onion and cook for 5 minutes, stirring regularly until softened.

Sprinkle over the flour and stir well then gradually add the milk, just a little at a time, stirring well between each addition to make a smooth sauce. Stir in the mustard and half of the cheese. Season to taste with salt and pepper.

Stir in the gnocchi, broccoli, peas and tomatoes and bring to a gentle simmer, stirring.

Sprinkle over the remaining cheese and bake in the oven for 12–15 minutes, or until golden-brown and bubbling. Carefully remove from the oven and serve.

Kortright Hills Recipe Corner!!



Creamy Spinach And Smoked Sausage Pasta

Ingredients:

- | | |
|----------------------|--|
| 6 oz. smoked sausage | 1 Tbsp olive oil |
| 1 medium onion | 1 14 oz. can diced tomatoes |
| 2 cups chicken broth | 8 oz. pasta |
| 3 cups fresh spinach | 1 cup 4 oz. shredded Monterrey Jack cheese |
| 1 whole green onion | |

Directions:

Thinly slice the smoked sausage and add it to a large skillet with 1 tablespoon of olive oil. Saute the sausage over medium heat until it is nicely browned (about 5-7 minutes). Drain off the excess fat.

Dice the onion and add it to the skillet. Continue to saute until the onion has softened (about 5 minutes). Add the can of diced tomatoes with chiles and the chicken broth. Stir to combine and dissolve any browned bits off of the bottom of the skillet.

Add the uncooked pasta to the skillet and make sure it is all submerged under the liquid. Place a lid on the skillet and allow the mixture to come up to a boil. Once it reaches a boil, turn the heat down to low and let it simmer for about ten minutes, or until the pasta is tender. Stir once or twice while the pasta cooks to keep it from sticking.

Stir in the fresh spinach, one cup at a time, until wilted. If you add it all at once, the skillet will be too full to stir. Keep the heat on while adding the spinach, so the liquid will continue to simmer and thicken.

Sprinkle the shredded cheese on top, replace the lid, and let it sit for a few minutes, or until the cheese is melted. Slice the green onions and sprinkle them over top. Serve hot!



Warm Winter Citrus Dessert

Ingredients:

- 2 red grapefruit, peeled and sectioned
- 2 large oranges, peeled and sectioned
- 1 cup fresh pineapple chunks
- ½ cup packed brown sugar
- 2 tablespoons butter, softened



Directions:

Preheat the oven's broiler and set the oven rack about 6 inches from the heat source.

Place the grapefruit sections, orange sections, and pineapple chunks into an 8x8-inch baking dish. Stir the brown sugar and butter together in a small bowl, and scatter the butter mixture evenly across the fruit.

Broil the fruit until the sugar is bubbly, 5 to 6 minutes. Allow to cool for several minutes before serving warm.

Pup-kin Spice Peanut Butter and Pumpkin Dog Treats

Ingredients:

- 1 cup canned pumpkin
- 2 1/2 cups whole wheat flour
- 2 eggs
- 3 tbsp peanut butter, natural
- 3/4 cup oats old fashioned
- 1/2 kosher salt
- 1/2 ground turmeric
- 1/2 ground ginger
- 1/2 ground cinnamon



Directions:

Preheat your oven to 350°F. Add all of your ingredients to your mixing bowl. Mix together until everything is combined - it will be a bit dry and crumbly but it will stick together and be malleable. (Like the texture of playdough.)

Using your fingers, press the dough into your favorite molds - I got these little paw and bone molds on Amazon - they are super cute! After you fill the trays you can make the rest of the batch by rolling about a teaspoon of dough into a ball and then pressing it flat with your thumb. Place your cookies on a cookie sheet lined with parchment paper or a non-stick baking mat. They don't have to be spaced too far apart because they won't really expand, but they will stick together if they are touching.

Bake in the oven at 350°F for 40 - 45 minutes, until the biscuits are hard/crunchy. (If you use a mold, they will be a little thick and will most likely need the full 45 minutes.)

Let the treats cool for a few minutes and then let your pup try them out!

Share Your Family Favourite Recipe!

Contest begins January 8th and ends March 15th, 2021.



By entering our draw your recipe (s) will be published in our next newsletter that will be emailed out early April 2021 and your name will be entered into our draw for a chance to win 1 of 3 Gift Cards, a Voucher from Pizza La Villa & FREE Meal Kit Voucher. Winners will be contacted by email to arrange contactless delivery of your prize. Good Luck!

Enter Here:

<https://forms.gle/nR8y2UCdCWdNajAm9>



Treat for your furry pet!